



Investigation of Teachers' Participation in Leisure Activities and Life Satisfaction in Terms of Demographic Variables**

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Abstract

The aim of this study is to investigate the teachers' participation in leisure activities and life satisfaction in terms of demographic variables. The sample of the study consists of 336 teachers working in primary schools in Yenimahalle, Ankara. In the research, "Personal Information Form", "Form of Participation in Recreation Activities" and "Life Satisfaction Scales" were used as data collection tools. Factor analysis, t test and Anova analysis were used for the analysis of the data. As a result, it was found that life satisfaction differed significantly in terms of demographic variables such as gender, marital status, number of children, total income and job tenure. When the levels of participation in activities were evaluated in terms of demographic variables; there was a statistically significant difference between gender and participation in cultural and other activities; age groups and participation in outdoor activities; educational background and participation in cultural activities; marital status and participation in other activities; the number of children and participation in physical activities; total income and participation in hobbies weekly course hours and participation in hobbies.

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