



## Comparison Study on Honey in the Islamic Nutrition Culture; The Status of Prophet Muhammad's (Pbuh) and Avicenna's Applications According to Current Scientific Studies

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### Abstract

Honey is a special food that has a special place in Islamic nutrition culture and is used for the protection-treatment of health in Islamic sources. In the study, first of all, the use of honey for Islamic nutrition, culture and health purposes was investigated by scanning the sources of the Quran, Hadiths, Al-Tibb al-nabawi and Al-Qanun fi al-Tibb. In addition, secondly, the place of honey in today's scientific world was created by scanning scientific research materials obtained from databases. Research data was carried out by document scanning and these data were analyzed by descriptive analysis method. As a result, it has been seen that honey, which has a special place in Islamic culture, has made important contributions to the field of medicine in the past and today. In this context, religious and scientific data overlap with each other. The data obtained from the study were interpreted from a gastronomic perspective and suggestions were made.

### Article Type

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